



## 2010 NYC TRIATHLON PRESS RELEASES FOR IMMEDIATE RELEASE

### **Twinlab-Full Throttle Endurance Racing Extends Win Streak at Nautica New York City Triathlon Chelsea Piers–based squad makes it a three-peat at NYC’s biggest multisport event**

**New York, July 18, 2010** — Twinlab-Full Throttle Endurance Racing (FTE) dominated the Nautica New York City Triathlon for the third consecutive year. On the hottest day in the race’s ten-year history, FTE handily won the team competition, finishing 17 points ahead of the second-place team on the strength of eight podium finishes spanning a wide range of categories.

In the elite division, Allison Lind finished second among women; Doug Clark and Bill Kelly took fourth and ninth, respectively, among the men.

Melanie Wolff (F30-34) and Stacy Creamer (F50-54) both won their divisions; Creamer’s time was the fastest among all female age-group competitors and Wolff’s was the second-fastest.

“It’s always a thrill to race on home turf,” said Creamer, “especially when the course includes the Hudson River, the West Side Highway, and Central Park. And I love racing for a team. I compete better when more than just my own results are at stake.”

Mark Guay took second in the highly competitive M25-29 division.

“It was definitely not an easy race with the heat and humidity and, at times, I wanted to quit,” says Mark Guay. “How could I though? With my team cheering me on, I dug deep and persevered, and even set a new PR.”

Greg Usry (M45-49) and Full Throttle coaches Toni Weeks (F30-39) and Dan Ownes (over-40 Clydesdale) all finished third. Jess Mullin won the Athena division by more than 14 minutes.

Other FTE athletes contributing to the team win were Charlie Howe (fourth, under-39 Clydesdale) and Tom Slon (fifth, M50-54).

FTE team members Creamer and Bobby Kennedy also scored for second-place Yale in the Bloomsburg Businessweek Ivy League Championship, and Melanie Wolff and her husband, Bryan Wolff, scored for third-place Princeton.